

Meet Your Coach



Foundation

Name: Martine Power

Role: Let Them Play Officer
Ards and North Down

How long will you be in the school?

I will be in your school until the end of the term.

What will the sessions be like?

Each session will be fun, interactive and also challenging.

Favourite games to play during sessions?

Captured (dodgeball) because it is lot of fun and continuous. You can't get put out of the game until the last player in your team is captured. It involves lots of different skills, such as throwing, catching, dodging, running, team work and communication. Although there are many other games I enjoy!

Favourite PE when you were at school?

I loved playing football, Gaelic and netball. I played for the school teams in all three sports, although at the time we didn't have girls' football or Gaelic team so I had to play in the boys' teams. I always looked forward to PE.

Favourite subject in school (apart from PE)?

Art, I liked drawing, colouring and being creative!

Favourite football team? That would have to be Manchester United.

Do you have any hobbies?

I enjoy playing football. I also really enjoy walking as it's a good way to stay active. From time to time I would go mountain biking but always manage to crash so I think I need a little more practice!



LET THEM PLAY