

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**21** 1st Sunday of Lent (B)  
Make today a holy day, say an extra prayer

**28** 2nd Sunday of Lent (B)  
Today's Gospel carries an important message: Jesus is God's Son and we should LISTEN to him

**7** 3rd Sunday of Lent (B)  
Go for a family walk. Wrap up warm!

**14** 4th Sunday of Lent (B)  
Mother's Day  
Rejoice! Thank God for your mum this Mother's Day

**21** 5th Sunday of Lent (B)  
Enjoy a family board game together

**28** Palm Sunday of the Lord's Passion (B)  
Say a prayer together with your family

**4** Easter Sunday  
Happy Easter! He is Risen. Alleluia, alleluia!

**22** Chair of St Peter  
'You are P --- and on this r --- k I will build my C --- h (Mt 16:18)

**1** Mar  
With what flower do we associate St David?

**8** Jesus clears the T --- p --- (Jn 2:13-17) We all need cleansing

**15** Memorise: 'God loved the world so much that he gave his only Son so that all who believe in him may not be lost but have eternal life.'

**22** Jesus compares his own death and resurrection to a wh --- gr --- (Jn 12:24)

**29** Monday of Holy Week  
Why is this week special? Draw a picture

**16** Feb  
**Shrove Tuesday**  
How do you like your pancakes - sweet or savoury?

**28** St Polycarp  
How many days was Jesus in the desert without food? F --- (Mk 1:13)

**2** On Sunday we heard that Jesus was transfigured (Mk 9:2) another word could be: ch --- g - d

**9** Start preparing to make a good confession

**16** Give Thanks!  
Don't despair. Be grateful for what you have

**28** Respect your elders

**30** Tuesday of Holy Week  
Pray for all those who are suffering

**17** Ash Wednesday  
Here's a good verse for your Lenten journey: 'Come back to me, with all your heart' (Joel 2:12)

**24** Consider others better than yourself. You're not always right

**8** What do you find hard to give up?

**10** St John Ogilvie  
Being sorry is an attitude of the heart, not just a word!

**17** St Patrick  
With what plant do we associate St Patrick?

**24** Don't be defensive. Own it when you're wrong

**31** Wednesday of Holy Week  
No crisps today. Try carrot sticks instead

**18** Be forgiving and you too will be forgiven

**25** No name calling, it's hurtful

**4** SORRY  
Be sorry for your sins. It changes you and those you have hurt

**11** Don't push and shove! Take your turn

**18** Take 5 mins and turn your mind to prayer. No distractions!

**25** Annunciation of the Lord  
Join in with The Angelus today... 'The angel of the Lord declared unto Mary...'

**1** Apr  
Talk about the Last Supper

**19** Don't be selfish. It won't make you happy!

**26** Don't be too proud. Seek the way of humility

**5** Don't be bad tempered. Let it go!

**12** No chocolate! Try some dried fruit

**19** St Joseph, Husband of Mary  
Celebrate the Year of St Joseph

**26** How many star jumps can you do in a minute?

**2** Reflect on Jesus' sacrifice and ask yourself - 'Have I done my best this Lent?'

**20** Be helpful in the home with a happy heart

**27** Put a few pennies in the poor box

**6** Be helpful and not a hindrance

**18** Tidy your bedroom - you'll sleep better for it

**20** Learn a new skill: skipping, roller-blading, draughts!

**27** Help plant some vegetable seeds: carrots, onions, broccoli

**8** Holy Saturday  
Keep vigil with Jesus as the soldiers did. Say prayers at bedtime

Dear St Joseph, To you God committed the care of his only Son, Jesus. As your adopted children, guard us, guide us and protect us until we are united as one family in the fullness of God's presence. Amen.

