

TRY IT TUESDAY

Reflexes



Foundation

On Tuesdays we want to share some of our Let Them Play Officers' games for you to try at home with your family.

This week it's Reflexes!



To watch the video, type the following link into your browser address bar:

<https://youtu.be/QqtDa3AWo9w>

All you need are a few coloured cones. If you don't have cones, coloured socks would work just as well.

- Place the items in a square around you
- Ask a parent or sibling to call out different colours and see how quickly you can react!

LET THEM PLAY